

## 46. Recipe for a Successful Life

Just as people enjoy various cuisines, so too, lifestyles. What one person would consider a successful life might hold very little interest for someone else. The ingredients to choose from in the Cookbook of Life might be broadly similar-honesty, thrift, patience, diligence, ambition, knowledge, status, affection, etc.- but their proportions differ depending on the kind of dish that is desired. One person may want to prepare a recipe leading to financial success, another to acquire celebrity, While yet a third may prefer self-satisfaction. One focus may be on family, another on athletics. And, of course, tastes - and desires - also change over time and altered circumstance. So the would – be chef needs to have a well – thought out plan for the entire course before he actually starts to do cooking.

### Comprehension

1. What two subjects are metaphorically combined throughout the essay?
2. The first sentence is elliptical - instead of certain key words being repeated in the structure of the sentence, they are merely left out. What would the missing words be in this case? Do you see other examples?
3. What is the main ingredient in the recipe of life?

### Express Yourself

1. What is your definition of “a successful life”?
2. Based on your definition, what ingredients should you combine to become a success?
3. What would your recipe be for getting rich?
4. Sometimes people with obvious handicaps achieve more than their “normal” fellows – why do you think this is so?

